

FRESHLY SQUEEZED



THE MONTHLY NEWSLETTER FOR UPLAND CITY COUNCIL & STAFF

CITY MANAGER'S UPDATE

As we enter the New Year, I wanted to thank you again for your extraordinary efforts in the face of serious financial challenges. One thing you're hearing and reading about quite a bit these days is annexation into the County Fire District. This is not a move anyone is taking lightly – rather a carefully thought out plan to address our financial challenges while providing the community with the highest quality fire protection service.

Recently, we posted Frequently Asked Questions regarding annexation on the City's website. I encourage you to review these and to forward to me any additional questions you might be hearing in the community.

The two questions we hear more than any are: 1) why are we doing this, and 2) if annexation requires a parcel tax, why don't we just do that ourselves and keep our own fire service? Both come down to the City being unable to pay for the costs associated with providing fire services at the level and quality that are required for the health, safety and welfare of the community.

Up until now, the City's approach to its financial challenges has been to cut services to the point where Upland residents today get less back, dollar-for-dollar, than any of our neighboring communities. Transferring fire service to the county would relieve the City of the cost – and liability – of maintaining fire protection assets, eliminate new costly pension obligations and pay for the cost of providing fire service through a parcel tax amounting to \$12.33 per month.

As for keeping the department as is and charging our own parcel tax, we would still bear the financial responsibility for maintaining our fire-protection assets and new pension obligations.

Again, thank you for your service to the City of Upland. Your efforts are moving us forward.

Martin Thouvenell
Interim City Manager

NOVEMBER CITY COUNCIL HIGHLIGHTS

In December, the Council took the following actions:

- Hosted the Annual Tree Lighting Ceremony in the Civic Center Courtyard*
- Certified the 2016 General Municipal Election Results and administered the Oath of Office to Debbie Stone, Mayor; Janice Elliott, Member of the City Council; Larry Kinley, City Treasurer
- Accepted the Office of Traffic Safety grant funds and authorized the appropriation of \$128,000
- Approved the new lease agreement for Pacific Wine Merchants
- Approved the new lease agreement for Sweet Obsession Cheesecakes
- Introduced an Ordinance adding Chapter 9.56 to Title 9 of the Upland Municipal Code, regulating the sale of butane
- Adopted a Resolution amending the Compensation Plan for Part-Time Employees to comply with California Minimum Wage Law
- Appointed Sid Robinson to fill the Council vacancy subject to his acceptance of the appointment
- Passed a Resolution to establish a rotation of Mayor Pro Tem so that each Councilmember will be given the opportunity to serve as Mayor Pro Tem during his or her four-year term of office

**Special thanks to UCEA for providing hot cocoa for the tree lighting event!*

WELLNESS CORNER

This is a great time of year to use as a "springboard" for making healthy lifestyle changes. Here are 7 great suggestions for healthy New Year's Resolutions to help promote a new you!

- 1) Quit Smoking – Your first step in quitting smoking should be to get support. Individuals who utilize Nicotine Replacement Therapy (gum, lozenges, and patches) are twice as likely to succeed in quitting smoking. For tips on how to quit smoking, please visit the American Cancer Society's website at cancer.org.
- 2) Reach a Healthy BMI – The recommended healthy BMI (Body Mass Index), which is based on your height and weight, is below 25.

- 3) Increase Cardiovascular Activity – The American College of Sports Medicine (ACSM) recommends at least 150 minutes of cardiovascular activity per week. Cardiovascular activity helps maintain a healthy weight, promotes a healthy heart, and increases HDL (the “good” cholesterol).
- 4) Consume More Fruits and Vegetables – Eating plenty of fruits and vegetables can help you ward off heart disease and stroke, control blood pressure, prevent some types of cancer, and guard against cataract and macular degeneration which are two common causes of vision loss.
- 5) Use Effective Stress Relieving Techniques – 77% of people in the US report having physical symptoms as the result of stress. There are some basic ways you can actively relieve stress, such as: exercising regularly, getting at least 8 hours of sleep each night, eating a balanced diet, limiting alcohol intake, using breathing techniques, yoga, meditation, and finding support.
- 6) Drink Plenty of Fluids – The Institute of Medicine recommends general daily fluid intake of 91 ounces for women (11 cups) and 125 ounces (15 cups) for men. A majority of this fluid intake should be water.
- 7) Get Adequate Sleep – It is recommended that the average adult get 7 - 9 hours of sleep per night. If you are having trouble achieving that amount of sleep, try cutting back on caffeine after lunch, turn off electronics one hour before bed, and participate in regular physical activity.

**Taken from the Keenan blog by [Matthew Szenderski](#), Keenan’s Health Management Specialist*



ADMINISTRATIVE SERVICES

Human Resources

Training Reminders - See Kelly Gonzales for more details!

- Supervisory Workshop #7 (Every Day Strategic Planning) is **Wednesday, January 11th** at 10:00 a.m. at the Carnegie Building.
- LCW Trainings: “Preventing Workplace Harassment, Discrimination and Retaliation” and “Workplace Bullying” are on **Thursday, January 19th** in Chino Hills.

Annual Service Awards – On December 8th, it was with great pleasure that we recognized our employees at the Annual Service Awards and Rideshare Breakfast. Recipients ranged from five (5) to thirty (30) years of service to the City of Upland. Thank you to everyone who attended and to those who worked so hard to make it all come together. It was a great morning celebrating our dedicated employees.

Finance

IRS Standard Mileage Rate Change – Effective January 1, 2017, the IRS standard mileage reimbursement rate will be .535 cents per mile, a half-cent decrease from the 2016 rate. Please update your records (Petty Cash requests and Demands for Payment included) when requesting reimbursement for miles driven on or after January 1, 2017. Any reimbursement for miles driven prior to January 1, 2017 will be reimbursed at .54 cents per mile (2016 rates).

New Businesses:

Wicked Cow Burgers and Brews Restaurant
Jiayao Consulting American Inc. Travel & Education Consulting
Athitx Med Inc. Sports Rehabilitation Clinic
RA Games Video Game Consoles

Library

Battle of the Bands is Back! – Come support all of last year’s bands and cheer on new ones as they compete for a cash grand prize. You can enjoy it all on Saturday, January 28th, 5:00 p.m. – 9:00 p.m., at the Library.

Friends of the Upland Public Library – Friends of the Upland Public Library is a nonprofit 501(c)3 organization, comprising concerned citizens who support their library with time, talent, funds, and volunteer services. The success of the Upland Public Library could not be achieved without the support of the Friends. The Friends raise funds by selling books at the Book Cellar throughout the year. The revenues from this activity, as well as funds from membership dues, are all donated to the Upland Library for equipment, library materials, and library programs. You can find great books, as well as some other great items like CDs and DVDs in the Book Cellar. Please stop by and do a little post-holiday shopping.

Information Technology

IT Tip of the Month – Should you keep your passwords in your wallet or desk drawer? Do you have too many passwords to remember? Some have recently advocated writing passwords down on a piece of paper (yes, really!) and putting it in your wallet or desk for safekeeping and easy retrieval. Well, there are lots of phone apps for password safekeeping. Please use them and not your wallet.

New Toys – With the holidays many received new technology. Please remember to install a good antivirus, make a strong password, and don’t allow network share access to your computers or devices with strangers.

Animal Shelter

How You Can Help – Frequently, animals that are brought into the shelter as strays, stay under the City’s responsibility for four days unless retrieved by an owner. If an animal is in adoptable condition, it is transferred to Friends of the Upland Animal Shelter to find a forever home. Often times, there might be a minor medical condition that if corrected or treated would make the animal perfectly healthy and adoptable. This could be a bad tooth, a treatable injury, or a small mass that needs to be removed surgically. Medical bills mount up and we often need help with these types of medical bills. You can help us by making a donation specifically to the medical fund. Either donate online or send a check with “medical field” written for the purpose of the donation. For more information go to: <http://www.friendsofuplandanimalshelter.org/donate>.

Thanks for your support.

FIRE DEPARTMENT

Calls for Service - Since January 1, 2016, the Upland Fire Department has responded to 9,268 calls for service.

Fire Explorers - Recently, a select few Upland Fire Explorers and 3 explorer advisors attended the Inland Empire Fire Explorer Association Academy at the Army National Training Center in Fort Irwin, CA. Over the course of 4 days, advisors taught explorers an array of different topics in the didactic, as well as the manipulative setting including: Fire Behavior and Control, Search and Rescue, Low Angle Rope Rescue, Ventilation and Forcible Entry. Dion Palacios, an Upland Fire Explorer, was appointed to the position of Training Battalion Chief, overseeing all facets of training operations presented to the students at the academy. Dion attended the explorer leadership academy and through a rigorous selection process, was appointed one of the top positions that can be held by an explorer. The fire explorer program allows youth to get an understanding of what it is to be a firefighter, while receiving training and education to help them better prepare for a career in the fire service. The Upland Fire Explorer Advisors are proud to be given the opportunity to impart knowledge and on the job experience to the next generation of the fire service.

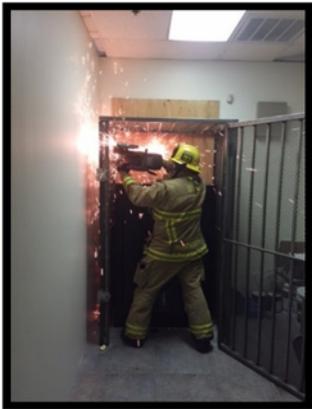


AIR AMBULANCE STATS:				
Month	Scene call requests	Scene call transports	Interfacility requests	Interfacility transports
May	18	9	43	25
June	26	13	52	35
July	29	13	48	44
August	14	5	52	35
September	26	9	39	28
October	34	14	55	31
November	22	10	39	28

November Fundraiser – Thank you to everyone that participated and donated to the Movember fundraiser! Our final team fundraising total for the month was \$2,767. That brings our 4-year total to just under \$10,000!! And the winner is . . . Best Stache and new champ, Captain Markey.



Firefighter/Paramedic Melendrez cutting into a safe during a marijuana dispensary raid in Upland.



PUBLIC WORKS

Reduced Water Supply due to Imported Water Shut Down –
Please Conserve Water

Upland’s Agua de Lejos Imported Water Treatment Plant on Benson Avenue was shut down on December 18th to perform major repair work.



Treatment Plant Operating Valve

The repair work includes repair to the rehabilitation of the Filter Effluent Channel Clear Well and removal and reconditioning of the influent sleeve. Most of the work will be done on-site. However, the influent sleeve valve requires removal and shipment off-site for special reconditioning estimated at 6 – 8 weeks.



Clear Well

It is essential to perform this major rehabilitation work during the winter when demand is usually lower due to cooler temperatures and natural rainfall to avoid potential unscheduled failures during the summer when demand is at its highest.

Imported water will be unavailable from December 18, 2016 to March 31, 2017, while the repair work is in progress.

We need everyone’s cooperation to help conserve water during this imported water shutdown. Thank you for your assistance.

Clean It Up and Restore the Road !!! – Public Works crews combine forces to clear debris from a tree on Euclid Avenue and restore unrestricted travel. This is just one example of the many instances that the employees in Public Works “do what it takes to get it done.” Great job!! Thank you gentlemen for your hard work and great service to our residents and businesses.



Reservoir 4 Modifications – At this time, Reservoir 4 and Well 7A are off line pending improvements to enhance water quality at this facility. Well 7A is a groundwater well that produces approximately 1,000 gallons per minute from the Chino

groundwater basin. The water facility plant is located south of 9th Street and west of 6th Avenue.



Water Distribution Crews – The Public Works Water Division distribution crews work together to prepare and support the aeration treatment equipment and improvements scheduled for installation in early January 2017.

The water distribution crews are modifying and installing a discharge pipeline extension for Well 7A inside reservoir 4. This modification will improve aeration of the groundwater and overall water mixing within the reservoir. Water treatment and supply staff will work with the distribution team to thoroughly clean, disinfect, perform water quality testing and coordinate with Department of Drinking Water regulators before returning the facility back to service.

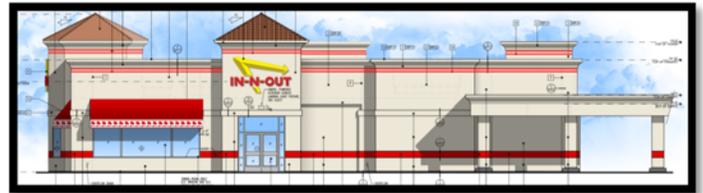
Thanks gentlemen for the great work.



DEVELOPMENT SERVICES

In-N-Out Burger – The second site for In-N-Out Burgers will be in the Colonies, on the southeast corner of Campus Avenue and 20th Street. A representative from In-N-Out indicated this location will be one of the largest sites developed by the company and will include a 3,867 sq. ft. restaurant with indoor seating for 77, a larger outdoor area with seating for 76, and a drive-thru lane designed to accommodate 20 vehicles. A total of 81 parking spaces, including three oversized spaces for RV-parking, are proposed. The initial plans for the project were reviewed by the City’s Technical Review Committee on

November 23rd. When constructed in 2017, this facility will join Arco (currently open), Ford of Upland and CNC Motors (both in construction plan check) on E. 20th Street.



CNC Motors Inc. – On December 6th, staff approved a Site Plan and Design Review application for a proposed 48,708 sq. ft. exotic car dealership, CNC Motors Inc., located at 1018 E. 20th Street in the Colonies. The proposed development will include a showroom, service garage, and offices on a 3.5 acre site. The



elevations and site plan for the project reflect a high-quality design for the new auto dealership in compliance with the Colonies Specific Plan. The applicant has recently submitted construction plans to the Building Division to obtain building permits. We are looking forward to the opening of this exciting new development in 2017. Everyone, start your engines!

POLICE DEPARTMENT

Members of the Upland Police Department attended the following community events:

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|----------|------|---|
| December | 3rd | Jack Brown Funeral @ Citizens Bank |
| | 6th | Neighborhood Watch meeting @ 1374 N. 5th Ave. |
| | 8th | Chili Cook-off fundraiser sponsored by County Supervisor Rutherford |
| | 10th | Holiday Miracle @ Colonies |
| | 10th | City Christmas Parade |
| | 11th | Upland Sister City Christmas Dinner |
| | 12th | City’s 2nd Annual Christmas Tree Lighting Ceremony |
| | 15th | Coffee with a Cop @ McCarthy Park |

Crime Statistics are available on-line on the Police Department Public Information page. Please click on the link below to view:

http://www.ci.upland.ca.us/#Crime_Statistics

Administration Highlights:

Chief Johnson, Lt. Blanco and members of the Upland Police Department attended the chili cook-off fundraiser sponsored by County Supervisor Rutherford. The event benefitted needy children with toys collected from the generous members of the community.



Chief Johnson at the cook-off



Lt. Blanco with donated gifts

From the Upland Police Department Family, we would like to wish everyone a happy, safe, and warm holiday season!!! Remember, don't drink and drive and buckle up for your safety – it's the law.

Investigation Division Highlights:

On 11/22 and 11/29/16, detectives taught various topics at the Upland Police Citizens Academy.

On 12/6 and 12/7/16, detectives attended neighborhood watch meetings.

On 12/13/16, detectives assisted the community resource officers cleaning up areas in the City and enforcing various municipal code violations.

On 12/14/16, detectives assisted in a Probation/Parole sweep in Upland.

Community Resource Officer Highlights:

The Community Resource Officer (CRO) team housed two homeless individuals this month. One male was homeless in the area of San Antonio Ave. and the I-10 Freeway for about 5 years, and the other person was newly homeless staying in the area of Foothill Blvd. and Benson Ave. The CRO team coordinated a homeless outreach/clean-up day involving the Department of Behavioral Health, Upland City Yard, and Upland PD employees'. We offered services to 7 homeless individuals and cleaned up 12 truckloads of abandoned property and trash.

The CRO team put together a probations and parole sweep in conjunction with parole officers, probation officers, Chino PD,

Montclair PD, and Upland PD members. There were 10 arrests made during this sweep. The CRO team hosted two Neighborhood Watch meetings and a Coffee with a Cop event. The CRO team also provided multiple businesses with Crime Prevention Through Environmental Design reports to assist in relieving their location of crime and associated issues.



Coffee with a Cop



(Before) Clean-Up Day – Monte Vista / Foothill Blvd (Storm Drain) (After)

Records Division Highlights:

The Upland Police Department has now implemented access to filing a Police Report online. The form can be easily accessed on the Upland Police Department home page. Instructions on how to proceed are noted, but at any time assistance is needed, the Records Division will gladly answer any questions.

Dispatch Highlights

	11/20 – 11/26	11/27 – 12/03	12/04 – 12/10	12/11 – 12/17	11/13 – 11/19	2016 YTD
Total Calls	1,382	1,520	1,467	1,535	76,479	70,575

Code Enforcement Highlights:

A patrol sergeant notified Code Enforcement of an advertised rave type dance party scheduled to take place at an Upland business in mid-December. The event promoters printed flyers and took to social media, listing an expected attendance of over 600 people. This had the potential for hundreds more and serious safety concerns. Code Enforcement learned the business license for the Upland business had been expired since June 30, 2014, and after a review of their CUP (Conditional Use Permit), on file with the Planning Department, found this would violate numerous conditions of their CUP. An in person visit was made with the business owner. He was cited for the business license violation and advised of the potential violations and citation should the event occur. The owner said he was contacted by an individual one week prior to host a 30th birthday party with 200 guests. The owner was surprised what their real party intentions were. He immediately took responsibility and contacted the individual and cancelled the contract. Patrol did a follow up and there was no such incident or problems on the scheduled day of the event. The business owner has since renewed his business license and is in compliance with the City.

Illegal Gambling in Upland? – YES! This past year we have experienced several reports of illegal gambling businesses in storefront locations throughout the City. Business owners front their business as an Internet Café or fax/copy/mail service in an attempt to stay under the radar of City officials. Code Enforcement has closed 4 illegal businesses, and is still working 4 active cases. The interior setup includes tables and computers lined up with a numbered workstation. Individuals play online reel-to-reel casino games similar to that of a casino in Las Vegas. This keeps records of points and/or cash on the screen. The player can cash out with a cashier behind a window or reception area inside the business. The business tends to have several surveillances video cameras on the interior and exterior. Should you come across such business activity or suspect an illegal gambling business, please report it to Code Enforcement at (909) 931-4260.

Animal Control Highlights

On December 12th, Upland Animal Services picked up a stray dog from a residence on 16th Street between Mountain and Benson. The dog was brought back to the shelter and scanned for a microchip. The dog had a microchip and the owner information went to a young lady that lived in Santa Ana, CA. The registered owner was contacted and we found out that she had lost the dog two weeks prior in the city of Montclair, CA. Dog and owner were reunited.

Explorer Post 606 Highlights

The Upland Police Explorers recently held promotions for the organization. Like the police department, the Explorers hold

ranking positions and have to take tests and complete oral interviews to be promoted. Five Explorers volunteered to assist with traffic control and parking for the Upland High School Choral Department's Elizabethan Dinner. They also participated in Colonies Holiday Miracles Shop with a Cop event. The explorers helped with traffic control and assisted by taking some children on their holiday shopping spree.



(Explorer Clyburn and Explorer Voelker at Shop with a Cop)

COMMUNITY SERVICES

Recreation and Community Services Division

A great big Thank You to Councilmember Janice Elliott and guest for their participation as judges for our 2016 'Home For The Holidays House Decorating Contest' and to the 14 Upland homes that participated in this year's event. All of the houses were very festive and cheerful. Winners chosen are as follows:

- The Wilhoit Family – Humorous
- The Mensen Family – Lights Extravaganza
- The Cramer Family – Originality
- The Valenciano Family & Friends - Neighborhood

When was the last time you told Santa your holiday wishes? This year, approximately 75 children wrote to Santa Claus through the Recreation and Community Services Division. In return, each child received a return letter before the Big Day!

The Upland Fire Department, Upland Police Department, and the Upland Recreation and Community Services Division would like to thank the donors, volunteers, and participants of the 2016 Spark of Love Toy Drive, 2nd Annual Tip-A-Cop & Tip-A-Firefighter Fundraiser held at Oggi's at the Colonies Crossroads and the Spark of Love Kick-Off & Car Show. Through the generosity of our Upland businesses, residents, and charitable organizations, the Upland Firefighters' Spark of Love program was able to provide holiday cheer for nearly 1,000 children in our community.

AAA, Upland
 Brave New World Tattoo
 Chaffey Federal Credit Union
 Farmer Boys, Upland
 Holliday Rock
 IHOP, Upland
 Matthis Brothers Furniture, Ontario
 Oggi's, Colonies Crossroads
 Oldskool 66 Cruzers
 Target, Colonies Crossroads
 Upland Auction
 Upland High School Girls Softball
 Upland Laser Dental
 U.S. Forest Service
 U.S. Post Office, Upland

Before the City Council Meeting on December 12th, the Upland Recreation and Community Services Division held the 2nd Annual Holiday Tree Lighting Celebration. Despite the cold weather, the tree lighting drew a rather large crowd. Everyone enjoyed the live caroling by New Vision Theatricals and were able to stay warm with yummy hot chocolate, courtesy of the Upland City Employees Association. Santa even made a special visit that night! Children loved the opportunity to sit with Santa and tell him their wishlist while posing for a quick photo-op. A special thank you to both former and newly elected City Council Members, Interim City Manager Martin Thouvenell, Eric Hanson on behalf of the Upland Chamber of Commerce who encouraged residents to shop in Upland, New Vision Theatricals and the Upland City Employee Association for your contributions in this celebration. Thank you to Santa's special representative John Bonhus and his elves for joining in Upland's holiday festivities!

Upland Foothill Kiwanis prepared a delicious meal for our Breakfast With Santa event on December 4th. Santa was welcomed by over 200 guests who participated and enjoyed a pancake and sausage breakfast prepared by the Upland Foothill Kiwanis. The Upland Recreation and Community Services Division and Boy Scout Troop 601 assisted with the guests and helped to make their experience a fun one. Along with the visit from Santa, children created wreathes made available by Lakeshore of Upland.



Need to shed some extra holiday fluff?? Please join the Upland Recreation and Community Services Division in our annual Upland Biggest Loser Challenge. Sign ups will be taken January 3rd through the 31st and the fee is \$50.00 per each team of 2 people. This 10 week program includes a 10 week full access membership to Crunch Fitness, one session with a personal trainer and mandatory weigh-ins. Prizes are awarded to the winning team, as well as the winning male and female, to loose the highest percentage of their body weight. This is a great program that gives you resources and accountability to shed some unwanted holiday pounds. Please contact Upland Recreation and Community Services Division at (909) 931-4280 to commit to your weight loss goals or for more information.

The Upland Recreation and Community Services Division offers Trips and Tours through Inland Empire Tours to our community and they have become increasingly popular. Two trips were offered in December, one was to the Ronald Reagan Library 'Christmas around the World' and the other was a Holiday along the Harbor Cruise. The cruise was sold out with 45 participants and the other was close to maximum capacity with 38 participants. The next trip will be in February and will be going to the San Juan Capistrano and San Luis Rey Missions. Please contact Upland Recreation and Community Services Division at (909) 931-4280 for more information or to reserve your spot.



Gibson Senior Center

On December 9th, the Gibson Senior Center along with the Upland Foothill Kiwanis, hosted the Annual Holiday Breakfast. The delicious breakfast included a potato casserole, scrambled eggs, sausage, and homemade cinnamon rolls. Santa visited and took pictures with the participants and everyone was encouraged to play a brisk game of "gift switch". Retro Station provided entertainment and music to dance to during the event. Who says our senior's don't have fun?

On December 8th, the Colorful Creations Class made "Gingerbread House" Birdhouses. It is always great to see everyone's personal touches come out in their crafts. One participant had a great idea to take it home and use cotton balls for snow on the ground. Everyone had a fun time and really enjoyed decorating their "forever" Gingerbread houses. On January 12th, Colorful the Creations Class will be making Personalized Picture Coasters . . .stay tuned!



JANUARY BIRTHDAYS

Kent Bennett	January 2	Donald Dodt	January 13	Aidan Christopherson	January 27
Charles H. Kwon	January 2	Daniel H. Lee	January 14	Devon Vanfield	January 27
Rosemarie Martinez	January 4	Bryan Washington	January 16	Erin P. Myers	January 28
Elizabeth Chavez	January 7	Christopher Delaney	January 17	Jason Scott Alexander	January 30
Jeremy J. Gendreau	January 9	Harv S. Kawaguchi	January 17	Bryce Daniel Milakovich	January 30
Andrea K. Binley	January 11	Alaina Clark	January 17	Gregory Lattimore	January 30
Gino L. Filippi	January 12	Meagan D. McLees	January 21	Joshua D. Martinez	January 30
Ernesto C. Bobadilla	January 12	Saleha Kazmi	January 24	Michael G. Rainwater	January 30
Rocio Castro Preciado	January 13	Lon Teague	January 25		

